



## Ya Vienen los Reyes Magos....!

On January 6th, Mexicans celebrate the day when the **Three Wise Men** arrived at the manger in Bethlehem and presented the baby Jesus with gifts of gold, frankincense and myrrh. In Mexico, **El Día De Reyes**, is the day when the children receive their gifts, not from Santa Claus, but from the **Magi**. Several days ahead, children begin writing letters to the **Reyes** about the gifts they want them to bring for being good. Hundreds of multicolored **balloons**, filled with helium, are sold during the season, so the little ones can attach their letters to them, and have them fly, up to the sky, carrying all their wishes with them. Before children go to bed, they set out their **shoes** under their bed or in the living room in hopes the **Kings** will fill them with toys, gifts and candy.

El Día de Reyes is also celebrated with a tradition of eating together and sharing a **Rosca de Reyes** bread with hot chocolate. The Rosca de Reyes is a sweet oval bread, decorated with slices of crystallized or candied fruit sprinkled with sugar on top. It looks like a **king's crown** decorated with bright jewels.



The event of cutting the **Three Kings Bread** extends through the day at different social reunions with colleagues, relatives and friends. The bread is cut carefully because hidden inside is a small ceramic or plastic baby doll, which represents the **Baby Jesus**. The baby doll hidden represents the journey of Jesus, fleeing from King Herod's evil plan to kill all babies that could be the prophesied messiah. The person who gets the piece of bread with the Baby, must be the **Godparent** of the Baby Jesus in the celebration of the **Candelaria** (Candlemas Day), on **February 2nd**. In the Mexican culture, this person also has to sponsor a party and provide **tamales** and **atole** to the guests.

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## Settling in – Shopping Smartly

### New arrivals who don't want to spend too much!

If you're looking to get the most value for your money check out our secondhand opportunities: Items and vehicles from leaving Expats. You won't believe the price! [Click here.](#)



#### Living / Dining Room

Sofa and Chaise  
\$7,000.00 MXN

Table \$29,000.00 MXN;  
Chairs (8) \$18,760MX



#### Acura Honda TL 2007

Km: 81,000 km  
Color: Black  
Documents in order



## OPPORTUNITIES

### Beautiful Apartment for Rent – Aristoteles, Polanco

3 rooms, 2.5 bathrooms, 2 parking spots. Roof Garden with bbq. Furnished and equipped in modern style. Security. **Rent: \$37,000MXN**

### Furnished Apartment for Rent – Rincon del Bosque, Polanco

2 rooms, 3 bathrooms, 2 parking spots. Furnished in modern style. Security, excellent location, roof garden. **Rent: \$ 33,000.00 MXN**

### Convenient Apartment for Rent –Residence Reforma

Level 5 with view to Reforma and to the common garden. 70m2, 1 room, open kitchen, 1.5 bathrooms. Pool, Gym, Business Centre. **Rent: \$20,000MXN**

### Spacious Apartment for Rent – Polanco, Galileo

273.5 m2. 3 rooms, 3.5 bathrooms, 3 parking places. Modern kitchen and spacious closets. **Rent: \$3,000 USD**

### Cozy House for Rent – Cuautla, Condesa

252 m2 of construction, 3 rooms, waking closet, 1.5 bathrooms. 1 parking place. Not furnished, fireplace, terrace. Quiet street. **Rent: \$40,000MXN**

### Beautiful Apartment for Rent, Plaza Carso

3 room, 3 bathrooms, 2 parking spots. Unfurnished. Common areas, gym, pool, lounge bar. **Rent: \$31,000MXN**

### Amazing House for Rent – Polanco, Socrates

240m2, 350m2 of construction. 3 rooms, 2.5 bathrooms. Close to Franco Liceo Mexicano. Beautiful garden, 2 parking places. **Rent: \$30,000MXN**

### Cosy PH Loft for Rent – Ezequiel Montes, Tabacalera

125m2, 2 rooms, , 2 parking places. 125m2 of terrace with Jacuzzi and Bbq. New building. Furnished or unfurnished. **Rent: \$17,000MX**

### Amazing Apartment for Sale – Gomez Pedraza, Miguel Chapultepec

110 m2, 2 rooms, 2 bathrooms, private roof garden. second level, 4 years old. **Sale \$3,200,000MXN**

[Click here to find more information or newhome@meetpoint.com.mx](http://newhome@meetpoint.com.mx)



## Wellbeing

### Do you Have Trouble Keeping your New Year Resolutions?

Keeping a **New Year Resolutions** is always difficult. We start off determined to follow through on our resolutions, but come February we abandon our goals altogether. So, what can you do? **MeetPoint** has some ideas to help you with your resolutions and start creating a satisfying life.

### Firewalking Seminar

This Seminar supports you to face your fears and discover your inner confidence. Walking on fire acts as physical proof that you can triumph over obstacles. Let us know your **New Year's resolutions for 2012**. All resolutions posted will get a **5% for the Firewalking Seminar** to take place on **January 22, 2012**. The most voted (liked) resolution will get a **100% discount** to experience one of the most powerful transformation anyone could have. Winners will be published on **Facebook on 16 Jan, 2011**. <http://www.facebook.com/ExpatsInMexico>

### Training Workout - Get in Shape

Train in the privacy of your home, office, park or where, no gym membership required. Our trainers are certified by the National Academy of Sports Medicine (USA). [Contact@meetpoint.com.mx](mailto:Contact@meetpoint.com.mx) for a **FREE** first session.

### Relaxation techniques

The best investment that you can make is in your own health and well being. Approaches that help to minimize anger, anxiety and fear and to maintain relaxation will be quite beneficial. **MeetPoint** introduces two forms of relaxation that will help you stay calm and balanced: **Naam Yoga** and **Harmonyum (Healing Through the Body of Light)**. [Contact@meetpoint.com.mx](mailto:Contact@meetpoint.com.mx) to join our Yoga & Meditation classes or book an Harmonyum session.

## Departure Services

When you are ready to leave Mexico, there are many things that need to be taken care of. Planning your return home is as important as planning your arrival. MeetPoint offers the following packages designed to assure a trouble free departure:

### Move my Home

We will assist you in providing written notification to [terminate the rental contract](#) according to the contract conditions. Our team will perform an inspection to prepare the [house/apartment for handover](#), and oversee the return of the [security deposit](#). If you own a house or an apartment, we can also help you make arrangements for its [sale or leasing](#).

### Termination of Utilities and Services

We will arrange the [disconnection of utilities](#) (electricity, gas, telephone, Internet and cable), and give notice to any [memberships](#) and [subscriptions](#) you have.

### Garage Sale

Some things you'll definitely want to take with you, but many things are best left behind. We provide guidance on sale you [used car](#), [heavy furniture and home appliances](#), which are good candidates for selling or giving away. Selling your car, furniture and household appliances on your own can be time consuming and inconvenient. Why bother with placing ads, strangers calling and coming to your home; we make your departure easy and stress-free.

### Moving/Shipping Services

Departure can be an incredibly anxious time, the last thing you need to worry about is whether your belongings will be safe during your move. We provide [removal and shipping services](#), relying on our vast network of [international partners](#). We work with the best firms to offer a comprehensive choice of [moving, packing and storage services](#) to suit your needs. Our experts will ensure your move will be as smooth and enjoyable as possible.

At the end of your expatriation in [Mexico](#), our team can be as helpful as at the start. [contact@meetpoint.com.mx](mailto:contact@meetpoint.com.mx) to handle the hassle of moving from one country to another.

## Solutions for Everything: Give us Call, We Solve it All!

Support, Troubleshooting & Recommendations – Service available in Spanish, English and French.

“**Ask the Expert**” is a question and answer service created by Meet Point Expat Services to find out easy and cost-effective solutions to your house problems.

*Where to repair my laptop? • We have house humidity problems! • Who I can call for plumbing problems! • There is a water leak! • I don't speak Spanish and I need my blender fixed • My refrigerator is not working.*

To get Expert Assistance contact [theexpert@meetpoint.com.mx](mailto:theexpert@meetpoint.com.mx).

## Event Calendar

Reservations: [contact@meetpoint.com.mx](mailto:contact@meetpoint.com.mx)

Start Building new social networks straight away: join our events organized to help you meet other expats and global minders. [Click here for more information....](#)

<b>MARIPOSA MONARCA Y VALLE DE BRAVO</b>	22 JAN, 05&18 FEB - \$599MX
<b>WALKING ON FIRE</b>	22 JAN - \$650MX
<b>SALA LESSONS - LA BODEGA</b>	EVERY THURSDAY - \$60MX
<b>LEARN SPANISH WHILE LEARNING MEXICAN CUISINE AND CULTURE</b>	<b>02 FEB - NO COVER, RSVP</b>



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