



Sweet Mexico!

Mexican candies are a highlight of just how diverse the cuisine of the country is. These sweet delicacies come in a wide variety of natural and nutritious ingredients, colors, textures and shapes. They are also well known for its authentic and unique fusion of flavors, as they often consist of a blend of sweet, spicy and salty flavors that empower the overall taste of the candy.

Sweet recipes have become richer and richer over time in terms of culinary values, which reflect the traditions handed over from generation to generation. For example, during the Pre-Hispanic period, amaranth and honey were used to elaborate one of the most popular candies in Mexico: *the Alegrias* - amaranth bars dotted with a raisins and pecans that derived their name from the Spanish word for "happiness".

When the Spaniards arrived, traditional candies were reinvented by incorporating new ingredients and techniques such *the sugar art*. During the Colonial times, desserts and candies were made by nuns in the states of Puebla, Queretaro and Michoacán, and each convent specialized in a different kind - *Alfeñiques, Doraditas, Rompope* and *Aluluyas* were born.

Mexican candies vary from region to region, as a result of the different climates, local ingredients, and techniques learned over the centuries. Nonetheless, some of the most popular variations can be found from street vendor at *Chapultepec, the Historic Center of Mexico City* and *Xochimilco*.

Discover the sweeter side of Mexico and explore the multitude of delicacies this country has to offer. Witness years of tradition that have delighted children and adults alike, celebrate *Children's Day* tasting some of the following candies: *Cajeta, Glorias, Mazapanes, Tamarindos, Dulce de Leche, Chongos Zamoranos, Obleas, Borrachitos, Cocadas, Marinas* and *Palanquetas*.

Make the Most of Your Experience

Learn Spanish while you learn about Mexico.



DidYouKnow?

Expatriate Children

Are you moving abroad with your children? It can be quite frightening for the parents, but by encouraging your children, you can make the moving process an altogether positive experience. Here are some tips:

Talk openly with your children/ Involve them in the moving process/ Welcome their questions/ Highlight the benefits of moving/ Let them express their feelings/ Teach them about the new culture / Prepare them for the language barriers / Keep traditions from home alive / Maintain regular ties with family back home/ Research School immediately.

Need some help?

English / Spanish / French / Dutch-speaking psychologist specializing in work with children.

Karolien Van Diest is a counseling psychologist in training from Brussels, Belgium. She has a US Master's degree in Counseling Psychology. During her studies she specialized both in working with children and with expats. [Click here for more information!](#)

Tax Season – Being Responsible

Residents of Mexico, regardless of their nationality, are subject to taxation on their worldwide income which must be included in an annual personal income tax return no later than **April 30th**. If you have been living in Mexico for 183 days or more in 2012, maintain your primary residence in Mexico, and/or receive more than half of your income from Mexican sources you are considered a resident.

Taxes in Mexico are paid when income comes from the following sources: salaries from an employer; income from personal services, including fees, allowances and commissions; real property sale, leasing and renting; dividends and earnings distributed by juridical persons; interests and other income from a source of wealth located in Mexico. Deductions can include certain dental and medical expenses, funeral expenses, and certain donations to certain public service or charity organizations.

MeetPoint is aware of the importance of fulfilling tax obligations according the Mexican law; hence we have introduced top quality fiscal services. Our team has experience by working in accountancy offices and serving Mexican and international clients. Let us help you on any tax concern you may have: contact@meetpoint.com.mx

OPPORTUNITIES

Furnished Apartment for Rent or Sale – Cuauhtémoc, Residence Reforma

Level 5 with view to Reforma and to the common garden. 70m², 1 room, open kitchen, 1.5 bathrooms. Furnished in modern style. Common areas: Pool, Gym, Business Centre.

Rent Furnished: \$20,000MXN

Beautiful House for Rent – Lomas de Chapultepec, Real de las Lomas

250 m², Construction 330 m², 4 rooms, 4.5 bathrooms, Jacuzzi, terrace, beautiful view.

Rent Unfurnished: \$35,000MXN / Rent Furnished: \$42,000MXN

Convenient Apartment for Rent – Irrigación, Miguel de Cervantes Saavedra

105 m², 2 rooms, 2 bathrooms. 1 parking spot. Level 11 with beautiful view. Close to Club Mundet, Carso and Liceo. **Rent Unfurnished: \$17,000MXN / Rent Furnished: \$22,000MXN**

Amazing House for Rent – Interlomas, Valle Real

350m² of construction, 3 levels. 4 rooms all with walking closets, 5 bathrooms, family room, 3 parking spots. Terrace, sauna, Jacuzzi. Private security. **Rent: \$28,000MXN**

Luxury Apartment for Rent – Santa Fe, Mediterranea

235m², 3 rooms, 3.5 bathrooms, 2 parking places. Level 6, beautiful view. Common areas: spa, gym, Jacuzzi, garden, pool, social areas. Private security. **Rent: \$37,000MXN**

Furnished Apartment for Rent – Bosques de las Lomas, Ahuehuetes

325m², 3 rooms, 3.5 bathrooms, 3 parking spots. Studio, piano, fireplace, Jacuzzi, walking closets. Furnished classic style. Common areas: security, pools, tennis court, playground, gym, social room. **Rent: USD \$ 4,500**

Cozy House for Rent – San Angel Inn

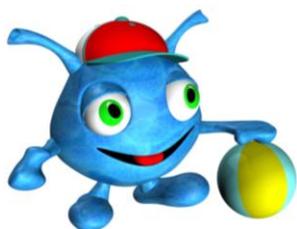
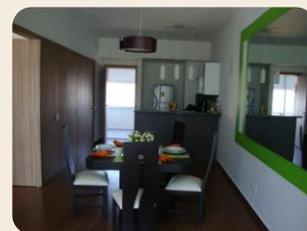
250 m², construction 280 m², 3 rooms, 3.5 bathrooms, 2 of them with Jacuzzi. Master room with terrace and studio. Living room with fireplace. Kitchen with terrace. Beautiful Garden. **Rent Unfurnished: \$35,000MXN / Rent Furnished: \$42,000MXN**

Land Lot for Sale - Moctezuma, Coyoacán.

101.55 m². Residential land, in a neighborhood with 10 houses. **Sale: \$1,100,000.00 MXN**

Click here to find more information or contact newhome@meetpoint.com.mx

You didn't find what you are looking for? MeetPoint provides advice and support to find the right place according to your needs and preferences.



I'm Mepot, Become my Friend

If you have just arrived, we help you get acclimatized. If you have been here a while and have only just found us, welcome!

Click here to become my friend on [Facebook](#). You can also find me as mepot@meetpoint.com.mx, or follow me on [facebook.com/ExpatsInMexico](https://www.facebook.com/ExpatsInMexico)

Follow me to find useful information to ease and maximize your experience in Mexico. Here, you may ask questions, share tips and experiences, give and get advice, and share the latest local news & activities.

Departure – Garage (moving out) Sale

Leaving soon your home in Mexico? Need support to sell your furniture, household electronics or even your vehicle? Don't waste, things can be recycled with arriving expats. **Meet Point** provides an exceptional service of expediting the sale of your items through a well-built network within the International community in Mexico. If you want to relieve yourself with these objects on a timely, convenient and cost effective basis, contact@meetpoint.com.mx / <http://www.meetpoint.com.mx/secondhand.html>.

Be surprised by how many Arriving Expats are actually looking for second hand articles!

Think also about **Charitable Recycling**. Donating your unwanted articles is an ethical and humanitarian choice. Ensure that your furniture items are given the best possible chance of a new life. Here are some excellent social ideas: www.cadi.org.mx; www.sinfronteras.org.mx; www.casadelosamigos.org; www.facebook.com/pages/Mi-peque%C3%B1a-gran-familia/140698892674796

Live and Work Safely in Mexico

In a context of increased violence and insecurity in Mexico, it is essential for expatriates to possess up-to-date information concerning the situation in terms of security. Among offenses, phone extortions are frequent. According to the Citizen Council of Public Security, a civil society organization based in Mexico City, in 2010, phone extortion attempts in Mexico's Capital City increased by 210% in comparison to the previous year.

What is phone extortion?

This offence is also commonly referred to as "virtual kidnapping" because the abduction of a relative is feigned, but never actually takes place. It is precisely an extortion disguised as a case of kidnapping. Offenders demand express payments in order to 'release' a friend or relative who has been allegedly abducted. The criminals react depending on the victims' perceived response. In some cases, offenders steal a person's cellphone and use it to dial his/her contacts and make the threat more credible.

How to avoid phone extortion?

1. Victims should do their best to **remain calm**.
2. They are advised to evaluate if the alleged kidnapper provides any accurate and **precise information** (addresses, names, car plate numbers, school names, etc.)
3. Victims are highly advised to **listen very carefully** but refrain from engaging in dialogue with the offender. By quickly analyzing the information provided by the offender, victims can determine whether the information is not very specific, inaccurate or very detailed (information which is only known by close friends and relatives).
4. Victims are highly encouraged to **refrain from saying the name** of the person who has allegedly been abducted, even if they hear somebody crying on the phone or begging for help.
5. Victims should **never provide any other data** about them or their family.
6. Remember to **note the number** which appears on phone screen before the call ends.
7. Should **not answer any incoming phone calls** before having located the alleged abducted individual.

Extract from Risk Awareness Training, by **Grupo IRENA**, Security and Risk Management Company

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Mexico 365, Things to Do, Where to Eat, Shopping, Tips for Visiting & Entertainment.

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Event Calendar contact@meetpoint.com.mx

Start Building new social networks straight away: join our events organized to help you meet other expats and global minders. [Click here for more information....](#)

QUERETARO MÁGICO	15 APR - \$599 MXN
PUEBLA ESPLENDOROSA	21 APR - \$599 MXN
TOURS DE HACIENDAS POR EL CAMINO REAL	21 APR - \$599 MXN
ruta de zapata	22 APR - \$599 MXN
MEXICAN BEER TASTING	26 ABR - \$400MXN
RUTA DEL TRUEQUE	29 APR - \$599 MXN
THEATER CLUB - TRACIÓN	29 APR - \$350MXN
RUTA TAURINA Y DEL PULQUE	06MAY - \$599 MXN
SACRED SITES, ANCIENT AND MODERN	24-27 MAY FROM \$975USD

MEXICAN BEER TASTING



Discover why Mexico is so famous for its mouth-watering beers.

Thursday 26 May 2017
18:00 PM
Entry \$400 MXN

Event includes Beer Tasting and Light appetizers.
The Party is at: The Play, Cuauhtémoc.

RSVP
contact@meetpoint.com.mx
Maximum capacity: 20 people

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DANIEL PASTOR

TRACIÓN
BRUNO BICHI JUAN MANUEL BERNAL
MARINA DE TAVIRA

by HAROLD PRATER
with ENRIQUE SINGER

Theatergoer Club
Meet other expats and learn Spanish by cultural immersion

Traci3n Teatro Helénico

Bring enough cash to cover your ticket and any snack or coffee.
Otherwise, we will join for a coffee to the bar.
The Analysis sessions are free and open to all expats and Spanish speakers and those who want to improve their language skills.

RSVP
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