



## “No Te Hagas Rosca” – Candlemas Day

**Día de la Candelaria** or Day of the Candles is celebrated throughout Mexico on February 2nd, and represents a fusion of pre-Hispanic traditions and Catholic beliefs. During this holiday people bring candles to the church to be blessed.

February 2nd is celebrated by Catholics as the presentation of Christ at the temple by Joseph and Mary. Mexican Families, in areas where traditions run strong, own an image of the Christ child and dress him in luxurious outfits to be presented in the church. In other parts of Mexico, indigenous groups "bless" the seeds that will be used during harvest time. This is the case of Tlacotalpan, Veracruz, a major celebration with bullfights and colourful parades.

For many, Candlemass is a follow-up to the festivities of Kings Day on January 6th, when someone brought a Rosca de Reyes to share with relatives and friends, special sweet bread with plastic figurines hidden inside. If you got a figurine on Kings Day, you are supposed to buy tamales and atole for everybody on February 2nd, or you may be told: “No Te Hagas Rosca”.



## Make the Most of your Experience

### SINGLE EXPAT LIFE by Marceline Pernon

Moving abroad as a single expat can give you a special freedom. However, although some expats may embrace the single life and find it exciting, others may struggle with feelings of isolation and loneliness. Furthermore, it may be harder for single expats to meet new friends, not to mention people that they are interested in dating.

We believe that Single expats' experiences shouldn't be different than those of someone in a relationship. Make the most of your time in Mexico by following these practical and simple steps:

1. **Seek Time for Private Life** - Learn how to balance your job with the rest of your life.
2. **Find out about Networking** - It may be easy to make good friendships with other expats in the same situation.
3. **Local Friends** - Your experience will be richer and you'll be that much closer to understanding what life in Mexico is all about.
4. **Personal Coaching** - Consider utilizing coaching or counseling to help you make the positive changes that you want.
5. **Keep your mind open** - You will be more open to new experiences and interesting things coming your way.
6. **Take part in the social scene** - The more events you join, the better your chances are of meeting someone new.

Relationship counseling is not only for marriages; make your life phenomenal contact [mpernon@hotmail.com](mailto:mpernon@hotmail.com).

Whether you're a single expat looking to meet other single expats and/or locals don't miss our **EXPAT SINGLE'S NIGHT!!!** ... [Click here to find more information.](#)

### OPPORTUNITIES

#### MNCS: Apartment for Rent – Santa Fe

280 square meters, 3 bedrooms, 3 bathrooms, spacious kitchen, TV and living room. Plenty of storage. Grand Santa Fe, building with pool, gym and garden. Located in the Corporative area of Santa Fe. **\$3,500.00USD.**

#### Families with Children: Beautiful Home for Rent – Cuajimalpa

300 square meters construction, 3 bedrooms, spacious kitchen, family room with chimney, big terrace. Close to schools and the corporative area of Santa Fe and Interlomas. **\$26,000 MXN.**

#### Affordable: Apartment for Rent – Polanco

2 bedrooms, furnished, conservative style. **\$15,000 MXN.**

#### Garden: Apartment for Rent – Polanco

250 square meters of construction and 90 of garden. 3 bedrooms, 2.5 bathrooms, sun-oriented. Furnished, modern style. **\$28,000 MXN.**

#### Flat-sharing: 2 Rooms available for Rent – Polanco

2 rooms with its own bathroom. The apartment was decorated by a professional, elegant and minimalist. All services included: cleaning, ironing, washing clothe once a week, gas, water, electricity, drinkable water, internet, cable. Cost: **\$990USD / \$600 USD.**

[Click here to find more information or contact@meetpoint.com.mx](#)



### Want to seduce your lover for Valentines Day?

Hire your own Cupid (in-home Personal Trainer) to help you lose weight or get in shape and make your partner's heart skip a beat!

- Train in the privacy of your home, office, park or where, no gym membership required.
- Certified trainer through National Academy of Sports Medicine (USA)

Contact [robyn156@hotmail.com](mailto:robyn156@hotmail.com) today for a FREE first session and consultation!

### Event Calendar

Start Building new social networks straight away: join our events organized to help you meet other expats and local people. [Click here for more information....](#)

SPEED DATING FOR BUSINESS <i>by Mexpat</i>	08 February, La Valentina Restaurant
FELA – NATIONAL THEATRE LIVE	09 February, Lunario - Auditorio Nacional
GETAWAY - MAGIC QUERETARO	12 February
<b>CANTINAS TOUR</b>	<b>19 February</b>
GETAWAY -LOVE IN PUEBLA	Every Friday & Saturday
<b>EXPAT SINGLE'S NIGHT</b>	<b>03 March</b> , Salotto Restaurant Reservations: <a href="mailto:contact@meetpoint.com.mx">contact@meetpoint.com.mx</a>

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